

RENAISSANCE

HEALTH & FITNESS



CLUB RULES

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Renaissance is a family club catering for people of all ages, sexes, denominations and levels of physical fitness. Your health and safety is paramount to us. With this in mind the following Club Rules have been devised:

- 1. REGISTER:** On entering the Club, record your arrival at Reception using your coded Membership Card. The receptionist will issue you with a locker key and hold your membership card whilst you are in the Club. To maintain security, it is important that you do not lose your locker key or membership card. Charges will apply to replace lost locker keys or membership cards.
- 2. EXERCISE ATTIRE:** a) Tracksuit pants, shorts, T-shirts, singlets or specialised exercise wear are recommended. b) Suitable clean sports footwear is essential. Open footwear or bare feet are not acceptable in either Gym or Group exercise areas. c) Bathers are to be worn in Wet Areas areas at all times. d) In the interest of hygiene, when lying or sitting in the steam room a towel is to be used. Thongs should also be worn.
- 3. BEHAVIOUR:** The following may result in temporary or permanent cancellation of your Membership, without refund: Diving or "bombies" in the spa; boisterous behaviour that might impact other members pleasure and enjoyment in using the facility including running in the Wet Area; offensive or abusive language (remember we are a family friendly club); intimidatory behaviour or language; dropping of weights; abuse of equipment; dangerous behaviour; failure to follow staff directions regarding use of equipment or facilities.
- 4. LOCKERS:** Your clothes and personal belonging should be kept in a locker at all times. Carry bags are also to be placed inside the locker.
- 5. DRY AREAS:** After using any of the Wet Areas, members are to dry themselves thoroughly before entering the toilets or change rooms.
- 6. GYMNASIUM:** a) Return all weights, dumbbells and barbells to the weights trees and racks after use for reasons of safety and convenience to others. b) For hygienic purposes and to protect upholstery, the placing of a large towel on equipment during workouts is compulsory. Please also wipe down equipment after use. c) Abusive or offensive language will not be tolerated. d) If resting, please allow use of the equipment by others. e) Maintain proper conduct at all times — equipment is expensive and potentially dangerous if misused. f) Dropping of weights and/or abuse of equipment may result in cancellation of your membership without refund.
- 7. CRÈCHE:** Child Minding is available for Members' children only. Additional costs apply. Cancellation may incur a charge. Members must not leave the premises whilst their children are in the Crèche. A maximum two-hour time limit applies. Parents are encouraged to bring a piece of fruit or snack to be eaten at morning tea or lunch time. Staff will cut fruit for each child if required. In the interests of hygiene and health no children with a known illness will be admitted to the Crèche. If a child becomes distressed parents may be requested to take the child into their care and remove them from the Crèche.

8. TRADING HOURS: The Club may vary the hours of opening in accordance with the requirements of the Club from time to time.

9. FACILITIES: The Club may vary the Services provided for Members, from time to time, in relation to hours of access; type of activity; location of activity. The Club may close or restrict any of the Services from time to time, due to Member requests; changing use by members; maintenance needs; or for any other reason in the sole discretion of the Club.

10. LOST PROPERTY: Any property left at the Centre of which the Centre becomes aware, is placed in lost property. If property is not claimed within two weeks, it will be donated to charity.

11. SMOKING: This is a "no smoking" Club.

12. ALCOHOL: Consumption of alcohol on the premises is strictly prohibited except for specific functions. Written approval of the Club is required prior to the consumption of alcohol.

13. GUESTS: Members are invited to introduce friends as prospective members (appointments are necessary) of the Club. A guest fee as specified on the Fees & Charges Schedule is payable.

14. CHANGE OF MEMBERSHIP STATUS: Members are permitted to change their Membership status through written application to the Club. The necessary Fee adjustment will be made. An administration fee is payable for a change of Membership status.

15. INTERPRETATION: All questions concerning the interpretation of these Centre Regulations will be determined by the Club. Absent manifest unreasonableness the decision of the Club is final.

16. SIGNS: All signs posted in the Club, from time to time, form part of the Club Regulations.

17. ADDITIONAL SERVICES: Additional Services, including certain Services for Limited Memberships, incur Charges at rates published from time to time. Cancellation of Additional Services with less than 24 hours notice may incur a Charge